**MOTIV-8 AWARD CLAIM FORM 2019**

**Name:**

(As you wish it to appear on the certificate)

|  |  |  |
| --- | --- | --- |
|  | **Race** | **Date** |
| **1 mile** |  |  |
| **5 k** |  |  |
| **5 miles** |  |  |
| **10 k** |  |  |
| **10 miles** |  |  |
| **Half Marathon** |  |  |
| **20 miles** |  |  |
| **Marathon** |  |  |
| **XC** |  |  |

**All races must have been run whilst a paid-up member of Watford Joggers and times recorded on the Club’s website!**

**Claim forms should be returned to the Club Secretary, Sean Collum:** [skpcollum@gmail.com](mailto:skpcollum@gmail.com)

**FINAL DATE FOR RECEIPT OF CLAIMS: FRIDAY 24TH JANUARY 2020**