**MOTIV-8 & HALF MOTIV-8 AWARD CLAIM FORM 2021**

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| **Name:** |  |
|  | (As you wish it to appear on the roll of honour) |

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| --- | --- | --- | --- | --- |
| Please indicate if you are claiming a **Motiv-8** or **half Motiv-8** | **MOTIV-8** |  | **HALF MOTIV-8** |  |

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| --- | --- | --- | --- |
| **Distance** | **Races**   * **Motiv-8 (all distances )** * **Half Motiv-8 (At least 4 different distances)** | **Date of event** | **Have you logged on WJ website** |
| **1 mile** |  |  |  |
| **5 k** |  |  |  |
| **5 miles** |  |  |  |
| **10 k** |  |  |  |
| **10 miles** |  |  |  |
| **Half Marathon** |  |  |  |
| **20 miles** |  |  |  |
| **Marathon** |  |  |  |
| **XC or mid week league road race** |  |  |  |

**All races must have been run whilst a paid-up member of Watford Joggers and times recorded on the Club’s website!**

**Claim forms should be returned to the Club Secretary, Claire FitzGerald:** [claire.fitzgerald@outlook.com](mailto:claire.fitzgerald@outlook.com)

**FINAL DATE FOR RECEIPT OF CLAIMS: WEDNESDAY, 9 FEBRUARY 2022**